

Module 9: What To Practice On Your Weeks Off

1. What are some ideas or takeaways that you got from this module?
2. What kinds of things have you noticed when you're not scheduled?
3. Is anyone feeling burned out? What could help?
4. How do you feel when Jon told you were a "temp worker" on this team? That is, we all only do this for a season.
5. How well do we do mentor and bring up younger players and singers? How could we do better with this?
6. What are some ways you create space and time for private worship?
7. How is rest good preparation for us?
8. What's your typical go to "veg out" activity? (sports, netflix, etc.) What are some ways you could replace some of that with more restorative rest activities?
9. In your opinion, do you think this training we should review every so often? If so, how often?
10. Jon gave us 7 reminders from this training. Which ones jumped out at you, or maybe are ones you feel we need to work on more?

7 Review Points:

1. Remember: Practice is personal; rehearsal is relational. BE PREPARED BEFORE REHEARSAL.
2. Schedule and commit to your personal practice times. They are important appointments, so

treat them that way and put them on your calendar.

3. Review these handouts (& videos if available) regularly. We all need a little kick in the pants every so often.
4. Choose To Lose The Excuses. When you fail to practice, don't make excuses. Remember, too busy to practice means to busy to be on the worship team.
5. Be willing to be held accountable.
6. Be willing to hold others accountable.
7. Remember that preparation is an act of worship.