

## Module 4: How To Practice Effectively, Part 1

### (Practicing Songs That Are Already Familiar)

1. For those of you who have been doing this awhile, what are some good reminders, or even new techniques, that you're taking away from this?
2. Let's talk about scheduling your practice time on the calendar. Take about 5 minutes and think through what that could look like for you. On your handout, there are some questions to prompt this:

Do you do better with several short bursts of practicing, or longer, focused times.

Looking at your typical week, when are some times you could practice before rehearsal.

Is there anything you can give up or cut back on to create the time you need for practicing.

\_\_\_ Entertainment: TV/Movies/Sports/News

\_\_\_ Social Media: FB/Pinterest/Twitter/Snapchat

\_\_\_ Sleep: wake up a little earlier or stay up a little later

\_\_\_ Other

Think about where you practice. What can you improve about your practice space?

Do you allow yourself to multi-task during practice. What would it take to be solely focused on practicing?

What can you do to be more intentional about warming up your voice or on your instrument.

What are 3 songs that come to mind that you could just play and sing for a private worship time?

3. Debrief from this time of reflection. Ask questions about what they were to write down and think about.
4. What do you think of the 24-hour rule. Would it be a good rule for us to implement? Why or why not?
5. We're going to talk more about listening to the songs as part of our preparation in the next module. But let's talk a little now about it. How important is it to listen to all the songs—even ones that you know?

## the LEADER'S GUIDE